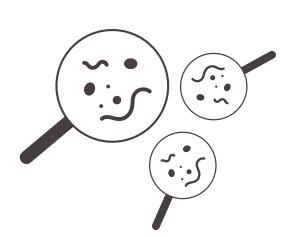
## Effective interventions that save time and money

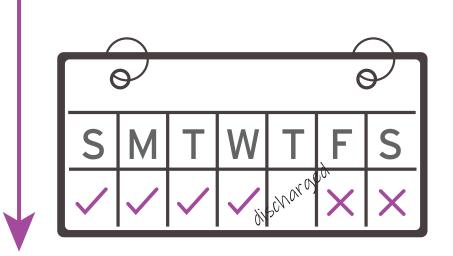
Meta-analyses showed that enteral nutritions interventions such as oral nutritiona supplements versus standards care:



Prevented
1 in 6
hospitalisations
(p<0,001)<sup>1</sup>

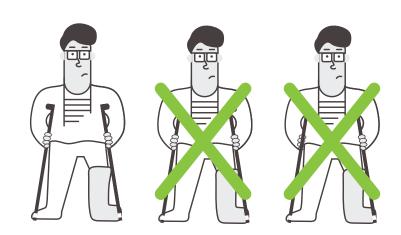
Prevented 1 in 3 complications such as infection (p<0,001)<sup>2</sup>

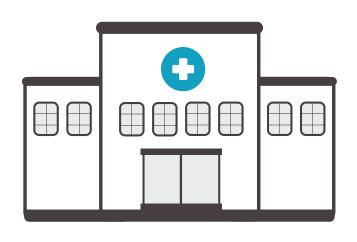




Reduced hospital length of stay by **2 days** (p<0,05)<sup>2</sup>

Prevented almost 2 out of 3 falls (p<0,01)<sup>1</sup>





Corresponded to 13% reduction in hospital stay<sup>2</sup>

Resulted in mean cost savings of 12%<sup>2</sup>



Partner with ENASA, SASPEN and HDIG in our fight against disease related malnutrition in South Africa.

For more information, contact us on www.enasa.org







ENASA = Enteral Nutrition Association of South Africa; SASPEN = South African Society for Parenteral and Enteral Nutrition; HDIG = Hospital Dietitians Interest Group

References: 1. Elia M, Normand C, Norman K, Laviano A. A systematic review of the cost and cost effectiveness of using standard oral nutritional supplements in the hospital setting. Clin Nutr 2016;35:370–380. 2. Elia M, Normand C, Norman K, Laviano A. A systematic review of the cost and cost effectiveness of using standard oral nutritional supplements in community and care home settings. Clin Nutr 2016;35:125-137.